

**JOURNEY TO**

**FAMILY**

**CONSECRATION**

**TO THE HOLY**

**FAMILY**

**(WEEK 8)**



**BROTHERHOOD OF CHRISTIAN  
BUSINESSMEN & PROFESSIONALS**



"Our world needs good and strong families. The Christian family is missionary: it announces the love of God to the whole world. "

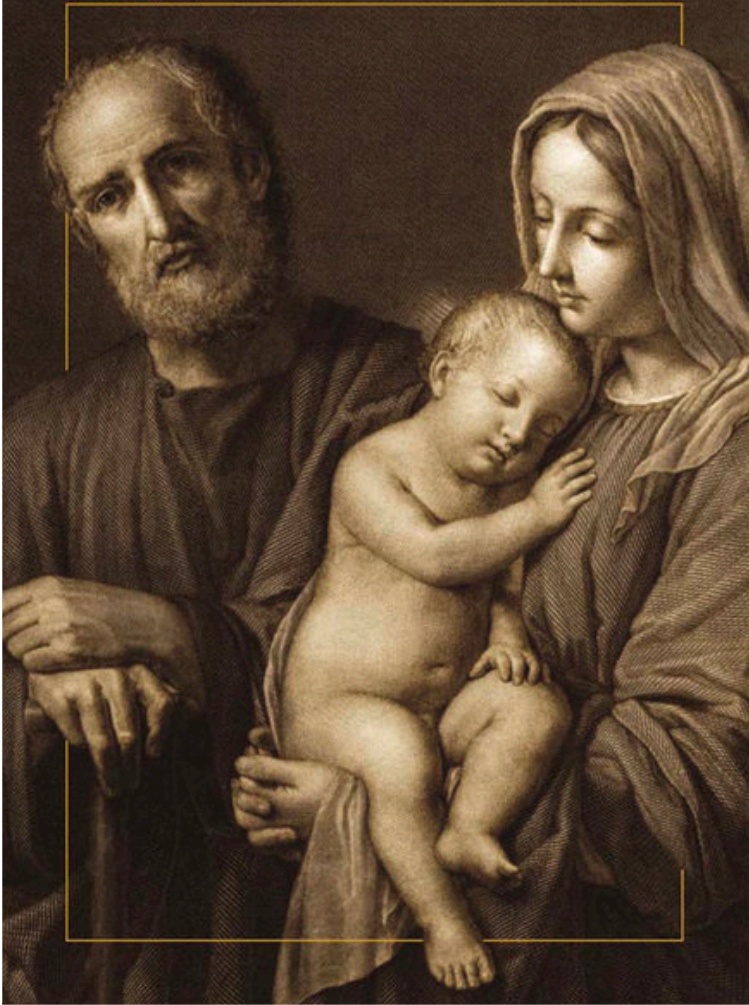
**BY POPE FRANCIS**

"The best way to bring Jesus back again into the family life is to consecrate the family to the sacred heart of Jesus, through Mary. Great changes happen to the family after the consecration."

**BY ST. TERESA OF CALCUTTA**



## CONSECRATION TO THE HOLY FAMILY



O Lord Jesus,  
you lived in the home of Mary and Joseph in Nazareth.  
There you grew in age, wisdom and grace  
as you prepared to fulfill your mission  
as our Redeemer.  
*We entrust our family to you.*

O Blessed Mary,  
you are the Mother of our Savior.  
At Nazareth you cared for Jesus  
and nurtured him in the peace and joy of your home.  
*We entrust our family to you.*

O Saint Joseph,  
you provided a secure and loving home for Jesus and Mary,  
and gave us a model of fatherhood  
while showing us the dignity of work.  
*We entrust our family to you.*

Holy Family,  
we consecrate ourselves and our family to you.  
May we be completely united  
in a love that is lasting, faithful  
and open to the gift of new life.  
Help us to grow in virtue,  
to forgive one another from our hearts,  
and to live in peace all our days.  
Keep us strong in faith, persevering in prayer,  
diligent in our work, and generous toward those in need.  
May our home, O Holy Family,  
truly become a domestic church  
where we reflect your example in our daily life. Amen.  
*Jesus, Mary and Joseph, pray for us!*



Prayer composed by Archbishop William E. Lori of Baltimore, Supreme Chaplain.

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# WEEK 8. PUTTING IT ALL TOGETHER

## OPENING PRAYER

Lord Jesus, we thank you for the gifts of the past 7 weeks of this Consecration Journey. Today, we look forward to next week, your Birthday. We chose this day to Consecrate our family to you. We know that this is not the end of our journey. It is just the beginning of a long and blessed walk between our two families...our domestic Church and your Holy Family.

May you prepare each of our hearts and souls for this special day we have set aside so that we may in turn be "set apart" for you.

Jesus, Mary and Joseph, we entrust our family to you.  
Amen.



# 7-WEEK LEARNINGS

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Congratulations, dear families, for reaching this far in your journey. Whatever you received, it is the Lord's special gift to you.

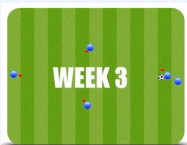
We now look back at the past 7 weeks' learnings that went by so quickly:



What really is Consecration and what are the benefits? It is bringing Christ into the center of our family life. While we live out this "promise" in every aspect of our life, the Holy Family and the Holy Trinity molds us, uses us and protects us...until we all see each other in heaven, our ultimate home.



Living in Unity in a love that is lasting. We promise to walk as one with each member of the family. We were reminded to put God first as we build our identity as a family, creating traditions and celebrations that lasts lifetimes.



Growing in Virtue. While it is not easy, it brings us so much joy when everyone makes an effort to motivate each other to be a better person. Truly with God's grace we can be more patient, kind, compassionate, generous and cheerful with our families. And we have the Holy Spirit to help us grow in virtue even more.



Forgiving Freely. This was probably the most difficult week for some, but equally most meaningful, with each of us humbly laying our vulnerabilities and pride to seek and to give forgiveness to the people who matter most: our family. We realized that true compassion can only be done with the help of the *Divine*.



Persevering in Prayer. We learned that, like Nehemiah, we build '*walls of prayer*' to keep our family strong in faith. The most powerful weapon we have as a family is our life of prayer. It shields us from the evils that threaten to destroy our relationships. As we persevere in prayer, we don't only bring Christ but become Christ at home.

week

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Generosity overflows from the love we experience within our family. It springs from our gratitude for all the blessings we have received. Recognizing the great need in the world around us, we saw that there were many opportunities for us to share with others. We hope to be able to continue to share not just from our surplus but rather from what comes deeply from our joyful giving hearts.



Going through these past weeks of preparation for the Consecration is a testament of our family striving to be a domestic Church. Just by improving our relationships, persevering in faith and prayer, and responding toward those in need, we live out God's call for us to be a little 'church' in the world. Definitely a powerful evangelistic tool for all families!

# FAMILY ACTIVITY:

## FINAL FAMILY CONSECRATION HUDDLE



Since this is the last week of our Journey to Consecration to the Holy Family, let's take this final family huddle to share about our personal thoughts and insights about the process. Here are some questions for your sharing:

1. What did I like the most in our Consecration Journey? Is there a favorite session of all 7? What are my favorite take-aways for sessions?
2. What changes have I observed and experienced in myself and in my family while we were going through this Consecration week after week?
3. What special wish/prayer would I like to present to the Holy Family when we do our Prayer of Consecration to them?

*\* we would like to hear from you, so we can continue to help other families who wish to take this journey... may someone in your family take time to answer this ([https://docs.google.com/forms/d/12aRTRN1PTjZSMHrFj730w3JxOfN-I8\\_n3Gdskct5i8l/edit?usp=sharing](https://docs.google.com/forms/d/12aRTRN1PTjZSMHrFj730w3JxOfN-I8_n3Gdskct5i8l/edit?usp=sharing)) on your family's behalf. Thank you!*

# PREPARING FOR OUR DAY OF CONSECRATION

Here are some suggestions for preparing our families for Consecration Day

## 1. CONFESSION

It is always a good idea to be in a state of grace before a Consecration. It puts our hearts in a disposition of purity before God and the Holy Family. If can be arranged, set an appointment with your parish priest for your family to go to Confession (with masks of course). Otherwise, do an **Act of Perfect Contrition** (<http://catholicfirst.com/thefaith/prayers/perfectactcontrition.html>), with the promise to go to Confession as soon as it is possible.

## 2. EXTRA MASS

If you could attend Mass, either online or face to face, this would also be ideal. Especially since it's the season of Simbang Gabi's, it will be wonderful to avail of the sacraments as often as we can.

## 3. SAY AN EXTRA PRAYER FOR EACH ONE

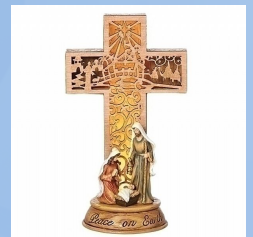
Circle of Prayer for the week - assign one to pray for a specific member of the family everyday.

## 4. GO THROUGH THE CONSECRATION PRAYER AS A FAMILY

We have been using parts of the Consecration Prayer throughout these past 7 weeks. Take time to read through the whole prayer again , clarifying some prayers, if necessary. You may print a copy for each member of the family or watch this video link to review the prayer together. <https://youtu.be/cuhvhJJWcso5>

## 5. PREPARE YOUR CONSECRATION ALTAR

Dress up the special place you have used these entire 9 weeks as your family altar and have this beside you on Consecration Day.





# CLOSING PRAYER

Lord Jesus, the past 8 weeks have truly been so special with you and your Holy Family in our midst. Week after week, You have enriched our family life more and more and we are thankful for everything that You have given us. We know that this journey continues on even after our Consecration Day, but we confidently face the challenges of tomorrow because we have you, the Holy Family, right beside us every step of the way.



We pray for the grace to always bring you, find you and be like You in our family all the days of our life.

Jesus, Mary and Joseph, we entrust our family to you. Amen.





















